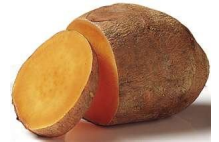




Ellis School February 2012



This month we are
Featuring:
Sweet Potatoes
Featured Day 2/21/12



These are just some of
the farm partners we
would like to thank:

- Giles Farm
- Brookdale Farm
- Heron Pond Farm
- Barkers Farm
- Zacks Farm
- Picnic Rock Farm

Local Beets



See The Different Ways
Beets are on the Menu.

Monday 1/30/12	Tuesday 1/31/12	Wednesday 2/1/12	Thursday 2/2/12	Friday 2/3/12
		Mangia Mangia Baked Macaroni w/ Meat Sauce Fresh Baked Roll Caesar Salad Sliced Peaches	Brunch for Lunch Scrambled Eggs French Toast Sticks Hash Brown Potato Warm Cinnamon Apples	Fresh Picks Pizza Cheese Or Pepperoni Pizza Garden Salad Fruit Mix
Monday 2/6/12	Tuesday 2/7/12	Wednesday 2/8/12	Thursday 2/9/12	Friday 2/10/12
Mucho Grande Monday Nachos Grande w/ The Works! Fiesta Rice Sweet Corn Cinnamon Apple Sauce	Fajitas Express Chicken Fajitas Seasoned Rice Green Beans Fruit Cocktail	That's Italian Spaghetti and Meatballs Garlic Bread Garden Salad Baked Pears	Soup, Salad & Sandwich Tomato Soup Grilled Cheese Sandwich Garden Salad w/Fresh Salad Greens Fresh Mac Apple	Fresh Picks Pizza Cheese Or Pepperoni Pizza Veggie Sticks /Dip Orange Wedges
Monday 2/13/12	Tuesday 2/14/12	Wednesday 2/15/12	Thursday 2/16/12	Friday 2/17/12
Sub Station Hot Italian Meatball Sub Oven Fries Garden Salad Peaches'n Cream	Valentine's Lunch Love Me Tender Chicken Dipping Sauce Romantic Rice Cupid's Sweet Peas Sweetheart Fruit Jell-o	Cheesy Macaroni! Homemade Macaroni & Cheese Wheat Garlic Roll Green Beans Fresh Orange Wedges	Colonels Fav Crispy Chicken Patty on a Bun Oven Roasted Garlic Potatoes Warm Winter Beets Fruit Mix	Fresh Picks Pizza Cheese Or Pepperoni Pizza Garden Salad Pears
Monday 2/20/12	Tuesday 2/21/12	Wednesday 2/22/12	Thursday 2/23/12	Friday 2/24/12
Hot Diggity Dog Hot Dog on a Bun Veggie Beans Krinkle Cut Fries Carrot Sticks Orange Wedges	Washington's Birthday Roast Turkey w/Gravy Roasted Sweet Potatoes Wheat Roll Sweet Peas Mixed Fruit	Northern Italy Chicken Parmesan Pasta w/ Marinara Garlic Bread Caesar Salad Pears	American Classic Cheese Burger on a Bun Oven Crisp Tater Tots Steamed Broccoli Warm Spiced Apple Slices	Fresh Picks Pizza Cheese Or Pepperoni Pizza Veggie Sticks /Dip Fruit Cocktail
Monday 2/27/12	Tuesday 2/28/12	Wednesday 2/29/12		
NO SCHOOL	NO SCHOOL Winter	NO SCHOOL Break	NO SCHOOL	"This institution is an equal opportunity provider."

Deli

Fresh Made Deli Sandwiches
Served with two nutritious sides and Farm Fresh Milk.
Monday: Tuna Salad
Tuesday: Ham and Cheese
Wednesday: Egg Salad
Thursday: Bologna
Friday: Fruit & Yogurt Parfait

Market Fresh

A Specialty Entrée Salad
Is offered daily and served with whole wheat roll and Farm Fresh Milk
Monday: Buffalo Chicken
Tuesday: Ham and Cheese
Chef
Wednesday: Crispy Chicken
Thursday: BCLT
Friday: Chicken Caesar

Pizza

Friday is Pizza Day!
Pizza dough topped with low fat pizza cheese. Served with two nutritious sides and milk.



Any questions or Comments,
Please contact your
Food Service Director
Janet Maguire 895-2511 ext 427

Café Services is a Proud Sponsor of the NH Farm to School Project. We buy Local First.



Farm Fresh Milk is Served with Every Meal.