

Ellis School Newsletter

432 Main St. Fremont, NH 03044

www.sau83.org



Monday October 20 is Picture Re-take Day!

If you are not happy with your student's photos please have your child bring the original packet with them for the photographer to take back.

**If your student missed picture day we have picture forms in the office.

Book Fair Safari

Book Fair time is almost here! The Scholastic book fair will be held November 10th to November 17th at the Ellis Library. All students will have a chance to visit during school hours and also with parents on family night. A schedule is posted on our bookfair website: <http://bookfairs.scholastic.com/homepage/ellis> and will be updated as more classes are scheduled. A schedule will also be sent home so students and parents will know when they are attending. Family night is Thursday, November 13th from 5-8 PM. If you would like to volunteer please contact Sue at skibumps@comcast.net or 642-7442. Questions can be directed to Cheryl at rowells4@verizon.net or Deb at Chris_Deb@comcast.net.

Hood Milk Sox Tops

All 2008 Sox Tops and "3-A-Day" milk caps need to be submitted to Hood by the end of October. Please bring to school any tops/caps by 3:00 p.m. on Tuesday, October 28th....any 2008 Sox Tops we receive after our submission are void in 2009, so it is important to include them in our mailing this month. So far, 2,075 Sox Tops and "3-A-Day" milk caps from Hood milk in the LightBlock Bottle® have been collected!! This equals \$103.75 that Mrs. Jackson will be using to purchase team building equipment to use at the start of PE classes this Winter! *Thank you for rinsing your tops of milk residue before sending them to school !!* Call Faith Levesque at [679-9537](tel:679-9537) with questions.

October 17, 2008

Upcoming Events:

- **October 20– Picture Re-takes**
- **November 4- No School**
Election Day
- **November 11- No School**
Veteran's Day
- **November 26-28– No School**
Thanksgiving Break



*****Reminder*****

Progress Reports will be coming home next week.

Fremont Athletic Association Winter Basketball Sign-Ups

Thursday 10/23, Monday 10/27, and Tuesday 10/28 from 6:00pm to 8:00pm in the Ellis School lobby

*Volunteer coaches are always needed. There will be a free Coaches certification class at a date to be announced.

*Play will be on Saturdays in the Ellis Gym (no schedule or times yet).

*The Fremont Athletic Association holds monthly meetings at the Fremont Town Hall every 4th Wednesday of the month; new members and sponsors are welcome. Our next meeting is scheduled for October 22nd at 7:00.

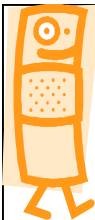
Grades 1 & 2 Coed

Grades 3, 4, & 5
Coed

Grades 3, 4, & 5
Girls only

Grades 6, 7, & 8
Coed

Any Questions Please Contact Ralph Girardi ([603-642-6478](tel:603-642-6478))



Greetings from the nurse!

**This is a reminder to please check your child weekly for head lice. There have been 2 cases in the 5th/6th grade. They were treated and monitored by the nurse. The parents notified me and their friends. The best method of preventing the spread is to check your children weekly and let the nurse know if you have treated your child. There is information on my Ellis School Web page. Please call me with any questions.*

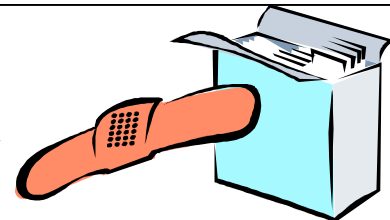
Parents should remind students not to share hats and combs. Always check after a sleep over. Sleepovers can be a great source of head lice . Head lice are transmitted by head to head contact.

**Please check your child for ticks. They seem to be bad right now. If you remove a tick, clean the area with alcohol and apply antibiotic ointment. Monitor for any signs of flu like illness, body aches, fever, or rash over the next 2-6 weeks and call your doctor if any symptoms are present.*

**Remember to spray your child for mosquitoes until the first frost to prevent the risk of EEE/West Nile Virus.*

5 Good Reasons to turn in updated Physicals and Shot Records to the nurse

1. *To monitor check ups making sure your child is healthy*
2. *To keep shot records updated and compliant with state regulations*
3. *To be able to ask the nurse for a copy for camp since she always keeps them in your child's records*
4. *To be prepared for any activity requiring a physical every 2 years such as sports or camps*
5. *So the school nurse will not keep hounding you!*



Safe Routes to School Parent Survey

Last week, a pink paper entitled "Survey About Walking and Biking to School for Parents" was sent home. We are collecting and compiling that information so that we can move forward in applying for a "Safe Routes to School" grant for the Town of Fremont. Please fill out and return, if you have not done so. If you need another copy, contact Mrs. Carol Foley cfoley@sau83.org.

We are currently looking for volunteers to join our Fremont Task Force. If you are interested in joining, please check out our article on page 4 of the Ellis Newsletter. Thank you!



Rachel's Challenge

There will be a Rachel's Challenge presentation at Ellis School cafeteria on Wednesday, October 22nd at 6:30-7:30 p.m.

Community members, parents, high school students, or middle school students attended by a guardian are invited to come hear an incredible story of courage and hope. Rachel Scott was the first person killed in the Columbine High School Tragedy on April 20, 1999. She left behind an amazing legacy and a simple challenge to anyone who will accept it - treat others with kindness and compassion and you just may change the world you live in.

Rachel's Challenge: "you just may start a chain reaction."

For further information, please contact Kate Segal, Ellis Middle School Guidance Counselor.



Safe Routes to School Kick-Off Event for Family Fun

Sunday, October 19, 2008, will be the date of a fun afternoon, from 1:00 to 4:00 pm, filled with activities related to walking and rolling to school safely! Held rain (in the gym) or shine (outdoors), this event will focus on becoming road savvy for the pedestrian, sporting bicyclist, scooter rider, skateboarder and rollerblader. Bring your wheels AND helmet, or just bring yourself!

There will be activities for students from Kindergarten to 8th grade.

- “Vince” and “Larry”, the Crash Dummies, will be on hand, as seat belt safety and car seat safety are a few of the focus stations.
- Helmet usage will be demonstrated, as there will be a Brain-Safe Challenge, similar to an Egg- Drop Challenge.
- Fingerprinting by the Fremont and Thornton Police Departments will be done for all students.
- Investigating the whorls and loops of your fingerprints will be introduced, like they do in crime scene investigations.
- Collect stamps and punches to complete the options offered.
- Exhibit your skills at *Traffic Safety* in the form of a Jeopardy Game.
- Walk a mile challenge to gain a punch on a Fitness Challenge.
- Team challenge games will be featured, as you should always go to school as part of a group, or having a buddy.
- Try your hand at Blob Tag and Balloon Buddies!
- At the Bicycle Rodeo station, follow a route laid out to practice your skills at riding safely. Do the same route with your rollerblades.
- Make your own button to celebrate the kick-off to keep as a souvenir.
- Parents can watch informational presentations on the upcoming program, or gather handouts related to the same.

Students from Southern NH University will be on hand to guide you through the stations, along with volunteers from the Ellis Middle School student body.

We are looking forward to seeing you there! Come for all the time, or come for part of the time!

Safe Routes to Schools Fremont Task Force Looking for Members

Careful planning and a commitment to the safety of children who walk and ride bicycles to school has earned 25 communities hosting 41 schools more than \$1 million in Safe Routes to School (SRTS) reimbursement grants in New Hampshire. Let Fremont be one of them!

Commissioner George N. Campbell, Jr. of the N.H. Department of Transportation (NHDOT) has approved grants recommended by the Statewide Advisory Committee (SAC) and the state’s Regional Planning Commissions (RPCs). More and more communities are recognizing the value of getting kids outside and active, instead of sitting in the back seat of the family vehicle stuck in a school-zone traffic jam. SRTS is an unusual program in that it fosters partnerships among leaders from schools and municipal government, parents, kids, and anyone from the community who is interested. They identify the reasons people in their community drive kids short distances to school, and then plan programs based

on specific local conditions. It is a program that can work in rural towns, larger cities, and many places in between.

We are hoping to apply for a grant that will support a “**startup**” program. This will reimburse communities **up to \$5,000** for the expenses associated with initial surveys of students and parents, preliminary planning, and some educational, encouragement and enforcement efforts. Additional grants for the future would fund up to \$15,000 more.

Please attend an initial informational meeting with John W. Corrigan, Safe Routes to School Coordinator from the N.H. Department of Transportation, held at the Fremont Town Library Meeting Room at 1 p.m. on Tuesday, October 21, 2008. There, Mr. Corrigan will present options and opportunities for the members of the Task Force to consider while applying for the initial grant. For more information, e-mail Mrs. Carol Foley, cfoley@sau83.org, Gifted and Talented Coordinator at Ellis School .



BoxTop\$ Collection Challenges

Kindergarten Families

Congratulations to the 17 Kindergarten students/families who participated in the BoxTop\$ September Fall Fun Collection sheets, which tallied for a total of over 300 BoxTop\$ (or \$30 towards Field Day in June). Each of the participating K students brought home a 'Fall Fun Baggie' during the week of 10/06 with fall fun activities to share at home. The 'ABCs of BoxTop\$' collection sheet was sent home this past week to all Kindergarten students/families, which when completed and returned to school by Friday, 12/05, will be rewarded with a 'Winter Fun Baggie' in December.

Elementary Families

The first (of this school year) Elementary Classroom BoxTop\$ Challenge is ON -- and is slated to end on 10/31/08. So far, the BoxTop\$ collected have been tallied for a running total of 2834 BoxTop\$ (or \$283.40 towards Field Day costs in June).

These totals show great efforts - so keep clipping and collecting those BoxTop\$ on over 400+ grocery products. A breakdown of the grade level totals is 1st grade with 1358 BoxTop\$, 2nd grade with 491 BoxTop\$, 3rd grade with 476 BoxTop\$ and 4th grade with 509 BoxTop\$.

As of 10/31, for each grade level, the classroom with the highest total of BoxTop\$ will receive a classroom level reward to be mutually agreed upon between the teacher, students and BoxTop\$ coordinators in November. Additionally, the classroom with the second highest total of BoxTop\$ collected will be rewarded with having the BoxTop\$ Traveling Bear visit their classroom during the months of November, December and January.

Middle School Homework Helpline

Parents or students call the school number of [895-2511](tel:895-2511) after school hours and dial one of the following extensions:

- 175 - 5th grade
- 176 - 6th grade
- 177 - 7th grade
- 178 - 8th grade.

A reminder to all elementary school families: be sure your child's name and classroom are clearly written on all baggies and envelopes containing BoxTop\$ that are brought to collection boxes, so that crediting the student's classroom can be accomplished.

Middle School Families

We now have a Middle School (MS) Homeroom BoxTop\$ Collection Challenge and it has BEGUN. This first MS BoxTop\$ Challenge is based on the popular sport - soccer - and will be ending on Friday, 11/14. MS students are being encouraged to collect BoxTop\$ and bring them to their homeroom collection box. We are requesting that students write their homeroom on the back of each BoxTop\$ to allow for accurate crediting for homerooms.

What does 'soccer' and a 'BoxTop\$ challenge' have in common? For each homeroom collection box, the first 50 BoxTop\$ earns that homeroom a Soccer Goal Net and each subsequent 20 BoxTop\$ earns that homeroom a Soccer Ball. Each MS homeroom's total is tallied and displayed on the hallway wall outside the gym - along with a display of their Soccer Goal Net and corresponding Soccer Balls earned in this challenge. As of this week, 5L and 5P each have earned a Soccer Goal Net, 6K has earned a Soccer Goal Net with 15 Soccer Balls, and 7M has earned a Soccer Goal Net with 8 Soccer Balls.

At the completion of the BoxTop\$ Collection Soccer Challenge on Friday, 11/14, the MS homeroom (across grade level) with the most Soccer Balls earned will receive a homeroom level reward to be mutually agreed upon between the teacher, students and BoxTop\$ coordinators in November.



Telephone Extensions

Nurse—dial—8

Kitchen— dial—427

Absent & Tardy Line—dial 7

Middle School Hours—7:50—2:20

Elementary Hours—8:35—3:05

